

STEPPIN' OUT

YOUTH RESOURCE GUIDE

GUIDE TO YOUTH RESOURCES
LARIMER COUNTY, CO



SPRING
2010

DISCLAIMER

While Steppin' Out attempts to provide the best list of resources possible to the Northern Colorado adolescent population, every resource may not be included within this guide. In an emergency there is no substitute for 9-1-1. For non-emergency needs not included within this guide, call 2-1-1 from a land line or 970-407-7066 from a cell phone to reach the United Way 2-1-1 resource call center where any additional resources can be accessed.

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MEDICAL INSURANCE

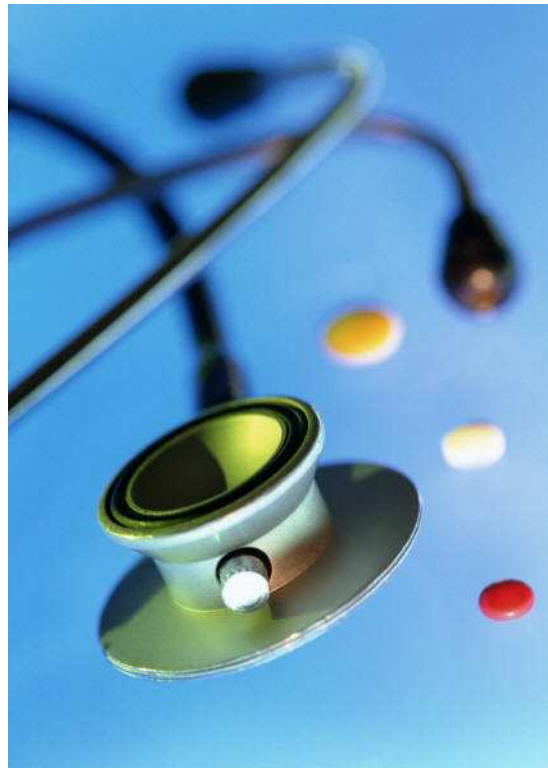
Medicaid

- Local:** Larimer County Department of Human Services
1501 Blue Spruce Dr.
Fort Collins, CO 80524
(970) 498-6300 (970) 498-7987 Fax
- Website:** www.colorado.gov/hcpf
- Purpose:** Colorado Medicaid is public health insurance for persons with disabilities. In addition to Medicaid there is another benefit called Long Term Care Medicaid (LTC). LTC Medicaid benefits help people who need ongoing medical or social support. LTC Medicaid includes nursing facility care and Home and Community Based Services (HCBS) where medical providers come into the home to provide the necessary services to keep an individual with a disability from being institutionalized in a nursing facility or hospital. LTC Medicaid also includes social support services such as Supportive Living Services (SLS).
- Eligibility:** Individuals between the ages of 18 and 64 must be determined to be blind or disabled by the Social Security Administration (SSA) standards in order to be eligible for Medicaid. If an individual is eligible for Supplemental Security Income (SSI) from Social Security Administration (SSA) then they will automatically receive Medicaid. Income and assets are also factored in when determining eligibility. Family Medicaid is also available for non-disabled individuals but is based upon family size, income and the age of the applicant.
- For Long Term Care Medicaid Services a person must be found to be financially eligible and functionally eligible. Functional eligibility is determined by the agency managing the LTC program such as a Community Centered Board for individuals with developmental disabilities (Foothills Gateway) or a Single Entry Point for individuals with disabilities and older adults (Larimer County Options for Long-term Care).
- Services:** Medicaid helps to pay for services such as inpatient and outpatient medical services, medications, home health care, durable medical supplies and physical exams. For a more extensive explanation of covered services contact Medicaid representative at your local office.

Medicaid helps to fund community based programs at your Community Centered Board (Foothills Gateway) and your Single Entry Point (Larimer County Options for Long-term Care).

Application: An individual can apply directly at Larimer County Department of Human Services or on can choose to apply for SSI with the SSA to see if eligible for both SSI and Medicaid. The speed of the process depends on individual cases so initiate the application early, it is suggested to begin at least four months prior to the individual's 18th birthday.

If interested in Long Term Care Medicaid programs make sure you specify such an interest on your Medicaid application as well as contact Single Entry Point and/or Community Centered Board. There are often waitlists with different programs so inquire early to ensure you are on the best timeline.



MEDICAL INSURANCE

Colorado Indigent Care Program (CICP)

Address: Department of Health Care Policy and Financing
1570 Grant Street
Denver, CO 80203

1-800-221-3943

Local: Poudre Valley Hospital
1024 S. Lemay Ave.
Fort Collins, CO 80524
(970) 495-7200

Salud Family Health Center
1635 Blue Spruce Drive
Fort Collins, CO 80524
(970) 494-4040

Family Medicine Center
1025 Pennock Place
Fort Collins, CO 80524

Website: www.colorado.gov

Purpose: CICP is NOT a health insurance program. CICP provides partial reimbursement to participant health care providers in exchange for them providing discounted medical care to underinsured and uninsured Colorado residents.

Eligibility: To be eligible for discounted services under the program, applicants must meet both residency and income/asset requirements. Applicants must have income and resources combined at or below 250% of the Federal Poverty Level (FPL), and cannot be eligible for Medicaid or CHP+. There are no age limitations for CICP eligibility. Applicants can have Medicare and any other commercial health insurance policy, but these policies must be exhausted before CICP reimburses the health care provider.

Services: Services are restricted to participating hospitals and clinics throughout the state. Services are provided under a co-payment cap in that no individual will pay more than 10% of their income in a 12-month calendar period for medical care from a participating health care provider.

Application: To get more information and to complete an application go to one of the participating hospitals and clinics listed above. Applications must be filed within 90 days of the rendered service.

HEALTH SERVICES

Health District of Northern Larimer County

Local: The Health District of Northern Larimer County
120 Bristlecone Drive
Fort Collins, Colorado 80524
(970) 224-5209 (970) 221-7165 Fax

Website: www.healthdistrict.org

Purpose: The Health District works to meet local healthcare needs. It provides prescription assistance, mental health services, dental services, preventive care and health planning services.

Eligibility: Most services are open to all residents of the district; some services are available only to low-income residents.

Services: Dental services, mental health services, heart disease screenings, adult immunizations, smoking cessation, nutrition counseling and classes, prescription assistance and flu shots.

Application: Call to determine eligibility and available services and to set up an appointment. Mental Health services should be set up with Connections:

Connections: Mental Health & Substance Abuse Resources
525 W. Oak St. (inside the Larimer Center for Mental Health)
Fort Collins, Colorado 80521
(970) 221-5551



HEALTH SERVICES

Health and Environment

- Local:** Larimer County Health and Environment
1525 Blue Spruce Dr.
Fort Collins, CO 80524
(970) 498-6700 (970) 498-6772 Fax
- Website:** www.larimer.org/health
www.cdphe.state.co.us
- Purpose:** Larimer County Health and Environment exists to promote a healthy community and reduce unnecessary suffering caused by preventable disease, disability, or death. This mission is accomplished by providing community health and environmental health services, communicable disease control, health education, vital records management, health data assessment, development of policies that advance the public's health, and advocacy for community-based services that provide needed health care.
- Eligibility:** Most services are open to all residents of the district; some services are available only to low-income residents.
- Services:** Immunizations, Family Planning Services (birth control, sexually transmitted diseases, reproductive health education), Maternal Service Programs (nurse home visitation programs, Prenatal Plus, access to prenatal and postpartum services), Healthcare program for Children with Special Health Needs (HCP), Special Supplemental Nutrition Program for Women, Infants and Children (WIC), Medicaid Outreach Program for children and pregnant women (EPSDT), Adult Health Services, Tobacco Education and Prevention Program, Communicable disease program and Environmental Health Services
- Application:** Call to determine eligibility, available services and costs and to set up an appointment.

HEALTH SERVICES

Salud Family Health Centers

Local: Salud Family Health Center
1635 Blue Spruce Drive
Fort Collins, CO 80524
(970) 494-4040
(970) 494-4076 Fax

Multiple Larimer County Locations- See website

Website: www.saludclinic.org

Purpose: To provide quality, comprehensive primary health care services, and to improve the overall health of the communities it serves by reducing barriers to health care, including: ability to pay, transportation, and language.

Eligibility: Services are designed to meet the needs of low income individuals. Financial charges are based on ability to pay through the utilization of income and size of family as key factors in a sliding-fee scale.

Services: Medical, dental, women's health and pediatric services.

Application: Call to determine available services and to set up an appointment. Transportation assistance may be available if transportation presents as a barrier to treatment.



MENTAL HEALTH

Larimer Center for Mental Health (LCMH)

Local: Larimer Center for Mental Health
“Connections”
525 W. Oak Street
Fort Collins, CO 80521
(970) 221-5551

24 hour emergency services (970) 221-2114

Website: www.larimercenter.org

Purpose: LCMH works to deliver high quality mental health treatment, education and supportive services to promote improved quality of life for persons with emotional and stress-related disorders and mental illness.

Connections is a division of LCMH that partners with the Health District of Northern Colorado to provide emergency services and referrals. LCMH partners with Island Grove to provide substance abuse treatment.

Eligibility: Most services are open to all residents of the district; some services are available only to low-income residents. Fees and level of service are determined on an individual need basis. Call for an assessment or to receive referrals to additional mental health providers in the community.

Services: Intensive case management, consumer advocacy, social support, vocational support, residential treatment, housing services, supervised community living, independent living support, medical services, medication support, substance abuse treatment and therapy.

Application: Call to determine eligibility, available services and fees, and to set up an appointment.

FAMILY PLANNING

Planned Parenthood

Local: Planned Parenthood
825 S. Shields Street
Fort Collins, CO 80521
(970) 493-0281

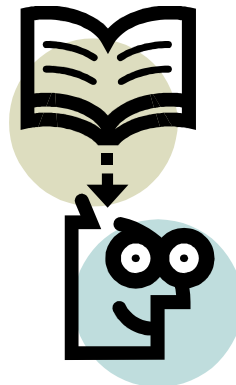
Website: www.pprm.org

Purpose: Planned Parenthood exists to provide comprehensive reproductive and complementary health care services.

Eligibility: Available to anyone by appointment or walk-in.

Services: Birth control, breast exams, emergency contraception, annual gynecological exams, abortion services, sexually transmitted infection testing and treatment, prenatal care, pregnancy testing and counseling, and male health services.

Application: Make an appointment or walk in during business hours.



FAMILY PLANNING

Alpha Pregnancy Resource Center

- Local:** Alpha Pregnancy Resource Center
1212 S. College Street
Fort Collins, CO 80524
(970) 221-5121
24 hour hotline (970) 226-3899
- Website:** www.thealphacenter.org
- Purpose:** A Christian medical clinic that provides support, education and counsel to individuals facing decisions about sexuality, relationship and pregnancy issues.
- Eligibility:** Available to anyone who is sexually active and not seeking abortion services or anyone wanting information on issues related to sexual activity. All services are free and confidential.
- Services:** Pregnancy testing, sexually transmitted infection testing and treatment, peer counseling, post-abortion help, material assistance/referrals, limited ultrasound, pre and post-natal support, pregnancy support groups, information on sex, pregnancy, abstinence, abortion and birth control.
- Application:** Make an appointment or walk-in during business hours.



LIFE SKILLS PROGRAMS

Steppin' Out

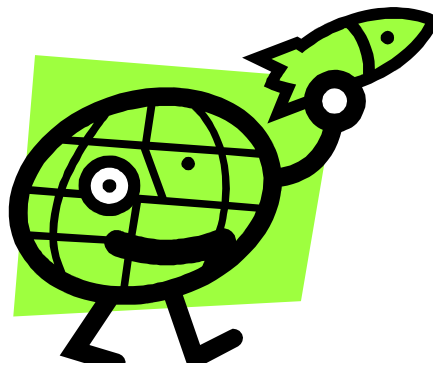
- Local:** Steppin' Out
P.O. Box 1155
Fort Collins, CO 80522
(970) 498-6990- request to speak with Pia Jansen-Lock
- Website:** www.steppinout.org
- Purpose:** Steppin' Out seeks to recognize participating youth for their accomplishments in overcoming difficult challenges during childhood and adolescence, support participants in making connections to a caring community by maintaining continued contact through age 21, provide learning opportunities that heighten skills for successful employment and daily living and help participating youth develop personal responsibility by promoting gratitude as a life principle.
- Eligibility:** Participants must be exiting out-of-home placement. Youth participants must be taking steps to seek employment, further their education, and achieve self-sufficiency.
- Services:** Throws a celebration for the youth exiting foster care services. Provides support for youth who have left foster care and gone into independent living.
- Application:** Youth must be nominated by an agency or individual. Contact the organization prior to the individual's 18th birthday for an application.



LIFE SKILLS PROGRAMS

Chafee Foster Care Independence Program

- Local:** Larimer County Department of Human Services
The Hub-
1525 Blue Spruce Dr.
Fort Collins, CO 80524
(970) 498-6996
- Website:** www.cdhs.state.co.us/childWelfare/Chafee.htm
- Purpose:** To provide age appropriate independent living services to youth aged 16-21 who are in out-of-home placement or to young adults aged 18-21 who were in out-of-home placement on or after their 18th birthday.
- Eligibility:** Must meet Department of Social Services eligibility requirements and be at risk of aging out of foster care.
- Services:** Services are tailored to each individual and focus on employment, money management, household management, community resources and personal skills. Services include support groups, employment assistance, communication skills, transportation assistance, rental assistance, cooking lessons, help with higher education and other individualized services.
- Application:** Chafee Program services are initiated by a referral from the youth's primary caseworker. Inquire with the individual's caseworker or call The Hub (970) 498-6990 and speak with a Chafee Specialist to see if a referral can be initiated.



LIFE SKILLS PROGRAMS

Community Connections

- Address:** Poudre School District
Johannsen Support Services Center
2407 LaPorte Ave.
Fort Collins, CO 80521
(970) 482-7420
- Local:** Community Connections
2901 S. Shields Street
Fort Collins, CO 80526
(970) 282-3790
- Website:** www.psd.k12.co.us
- Purpose:** This program is designed to assist 18-21 year old students with significant learning needs in the Poudre School District transition from high school to adult living/post secondary education.
- Eligibility:** Students ages 18-21 who are currently receiving services through PSD Integrated Services. Must demonstrate transition needs in their Individualized Education Plan (IEP). Students typically transition to this program after participating in Adaptive Skills and Life Skills programs offered in the PSD High Schools.
- Services:** This program teaches adult living skills, community recreation and access skills and employment/volunteer skills. Employment opportunities are a priority of this program and employment assistance is offered through an ACE Employment Coach.
- Application:** Work with the individual's high school social worker, counselor or case manager to arrange transition plans and to see if Community Connections is an appropriate program to meet the needs and interests of the individual.



EDUCATION

Colorado Education and Training Voucher (ETV)

- Local:** Colorado Department of Human Services
Division of Child Welfare
1575 Sherman Street
Denver, Colorado 80203
(303) 866-5932
- Website:** www.statevoucher.org
www.cdhs.state.co.us/childWelfare/Chafee.htm
- Purpose:** The Colorado Education and Training Voucher Program offers funds to foster youth and former foster youth to enable them to attend colleges, universities and vocational training institutions.
- Eligibility:** In order to be found eligible the student must have been in foster care on their 18th birthday and aged out at the time, or had their foster care case closed between the ages of 18 and 21 or were adopted from foster care with adoption finalization after their 16th birthday. Additionally the student must be a U.S. citizen or qualified non-citizen. Their personal assets (bank account, car, home, etc.) are not worth more than \$10,000. Lastly, they must be aged 18, 19 or 20 when they first apply to the ETV Program. To receive the voucher they must have been accepted into or enrolled in an accredited program at a college, university, technical or vocational school. To remain eligible for ETV funding, the student must show progress towards a degree or certificate.
- Services:** Students may receive up to \$5000 a year for four years as they pursue higher education. The funds may be used for tuition, books or qualified living expenses.
- Application:** Go online to apply and create an account to follow up on the application status. Make sure that eligibility guidelines influence when you apply, i.e. between the ages of 18-20.
- All Colorado undergraduates are eligible for up to \$2400 in additional funding. Ask about the Colorado Opportunity Fund at the student's program's financial aid office.

EDUCATION

Front Range Community College

- Local:** Front Range Community College
4616 S Shields St
Fort Collins, CO 80526
(970) 226-2500
- Website:** www.frontrange.edu
- Purpose:** To provide an accessible, responsive learning environment that facilitates the achievement of educational, professional and personal goals by our students and other members of our communities in an atmosphere that embraces academic excellence, diversity and innovation.
- Eligibility:** The CCCS has an open-door admissions policy that encourages everyone to pursue their dreams of a quality, affordable education.
- Services:** The Colorado Community College System awards nearly 9,500 Associate degrees and certificates annually in more than 800 post secondary programs, including arts and sciences, information technologies, health care, agriculture, communication technologies, law enforcement, fire science and business.
- Application:** Go online to apply or contact the Community College of the student's choice to complete an application and determine the best timeline for application and enrollment.



EDUCATION

General Equivalence Development (GED)

Purpose: The General Equivalence Degree (GED) is an opportunity for individuals who have not graduated from high school to earn a high school equivalency diploma. The test is centered on skills which would be learned during four years of high school, and consists of five different sections: reading, writing, social studies, science, and math. The GED can increase your employment opportunities.

Eligibility: The American Council on Education sets the following eligibility requirements for GED testing: residency to the jurisdiction administering the test, must not already hold a traditional high-school diploma or a GED. GED Tests are not administered to a candidate who is enrolled in an accredited high school. To take the GED tests one must be at least 16 years of age.

Services: GED Testing:

Colorado State University Testing Center: (970) 491-6498
CSU is an official testing site for taking the GED. Call for hours.
\$65 testing fee; \$13 retest fee; \$4 Daily Parking Permits
Ask at preparation sites (Front Range Community College and Larimer County Workforce Center) about vouchers and waivers for testing costs.

GED Preparation Sites:

Education and Life Training Center:
401 Linden Street, Fort Collins
(970) 484-4357
www.eltcenter.org
Morning and afternoon classes, \$60 for year. Ask about scholarships.
Registration every 8 weeks and ongoing (individuals can call at anytime to enroll).

Core Center:
114 Bristle Cone, Fort Collins
(970) 484-2580
Monday – Thursday 10 am to noon, Tuesday and Thursday 6 to 8 pm.
\$20 per semester. Tuition includes cost of workbooks.
Ask about scholarships.

EDUCATION

General Equivalence Development (GED) Continued

GED Preparation Sites (continued):

Center for Adult Learning, Front Range Community College:
Blanca Peak Building, Room 102, 4616 S Shields, Fort Collins
(970) 204-8181
Age 17 and over
\$20 fee per semester

Poudre High School GED Program:
201 Impala Drive, Fort Collins
(970) 488-6090
Open to the public ages 17 and over. Enroll at any time.

Centennial High School (PSD):
330 E. Laurel Street, Fort Collins
(970) 488-4940
Transition school, helps students move from high school to workplace or to continuing education classes, GED prep available.

Larimer County Workforce Center:
200 W. Oak Street Suite 5000, Fort Collins
(970) 498-6600
www.larimerworkforce.org

Application: Apply to each GED program separately. Register for the GED by contacting the CSU testing center.



EMPLOYMENT

Larimer County Workforce Center (LCWC)

Local: Larimer County Workforce Center
200 W. Oak Street, Suite 5000
Fort Collins, CO 80521
(970) 498-6600

Website: www.coworkforce.com
www.larimerworkforce.org

Purpose: Larimer County Workforce Center works to connect individuals with the people and experiences that can help one attain a job or guide one towards a future career path.

Eligibility: Some programs are based on age. Must be a resident of Larimer County.

Services: Employment related counseling, referrals to job openings, assistance with applications and resumes, various workshops, networking opportunities, information on laws regarding youth employment, referrals to training and apprenticeship programs, referrals to community services and computer lab access.

Youth Programs:

YouthLINK:

YouthLINK Services provides comprehensive employment and training opportunities and employment services for youth 16 to 21 facing employment challenges. There are limited services and opportunities available for 14 and 15-year-olds. Working with a youth career counselor, young adults have the opportunity to design an individualized career plan that targets academic, life skill, training, and employment areas.

To qualify for YouthLink one must be economically disadvantaged and face a barrier to employment. Contact LCWC for eligibility determination and to apply.

EMPLOYMENT

Larimer County Workforce Center (LCWC) Continued

Larimer County Youth Conservation Corps (LCYCC):

The Larimer County Youth Conservation Corps empowers youth to become engaged citizens by completing service projects for the environment and community while promoting skill development for personal and professional growth through summer employment. 16-19 year olds engage in paid, productive, full-time service work that creates lasting benefits. The summer program runs 8-10 weeks. Teams work on community projects, small scale construction, and environmental/open space projects. Interested youth must apply for posted positions. Contact the LCWC for more information and to apply.

There is also a year-round employment program through AmeriCorps. Employees mainly work in the schools, helping with tutoring, conflict resolution, and volunteerism. All employees must have graduated from high school or plan on obtaining their GED.

LCYCC provides opportunities for Corps members to have access to GED classes, career exploration, leadership and team building, and more. Applications are available for any of these positions at all times.

Application: Register anytime between the ages of 14 and 21. After age 21, Larimer County Workforce Center offers many free employment and training services for adults.



EMPLOYMENT

Division of Vocational Rehabilitation (DVR)

- Local:** Division of Vocational Rehabilitation
2850 McClelland Drive, #2000
Fort Collins, CO 80525
(970) 223-9823
- Website:** www.cdhs.state.co.us/dvr
- Purpose:** To assist eligible individuals with disabilities to become productive members of the Colorado workforce and to live independently.
- Eligibility:** Eligibility is based on need for employment assistance as a result of a disability, call to inquire about specific eligibility guidelines as well as waitlists based on an order of selection process.
- Services:** DVR is able to provide a variety of services to eligible individuals to help them obtain their employment goals. The eligible individual and the vocational rehabilitation counselor work together to determine which services are necessary and appropriate for the individual's identified employment goal. The services provided to any eligible individual are determined by his/her unique employment barriers, his/her chosen employment goal, and his/her individual circumstances. Services can include: evaluation and diagnostic services, counseling and guidance, physical and mental restoration services, job training, technology services, job placement assistance and supportive services.
- Additional programs are also offered through DVR such as the Independent Living Program. The purpose of the Independent Living Program is to promote a philosophy of independent living (IL), including consumer control, peer support, self help, self-determination, equal access, and individual and system advocacy, to maximize the leadership, empowerment, independence, and productivity of individuals with significant disabilities, and to promote and maximize the integration and full inclusion of individuals with significant disabilities into the mainstream of American society. DVR contracts with ten independent living centers (ILCs), statewide, to provide independent living services to individuals with significant disabilities.
- Application:** Contact the Division of Vocational Rehabilitation to inquire more about various programs, waitlists and eligibility. Due to waitlists and an order of selection process be sure to inquire early. Also consider SWAP (School-to-Work Alliance Program) if the individual is still in high school.

EMPLOYMENT

Colorado State University Center for Community Partnerships (CCP)

- Local:** Center for Community Partnerships (CCP)
Colorado State University Department of Occupational Therapy
320 Occupational Therapy Building
Fort Collins, CO 80523
(970) 491-5930
- Website:** www.ccp.colostate.edu
- Purpose:** To provide comprehensive and individualized services for youth and adults with disabilities and/or challenges as they pursue employment, independent living, recreational and community access goals. In addition, consultative and educational services are provided for K-12 schools and colleges/universities in regards to accommodations and supports for students with disabilities as they pursue their educational goals.
- Eligibility:** CCP services are for youth and adults with developmental disabilities, mental illness, brain injury or other disabilities. This program is a fee-for-service program.
- Services:** CCP implements four unique community-based programs, with the focus of supporting youth and adults with disabilities in achieving their highest level of independence, self-sufficiency and satisfaction in all areas of their lives. Each of these programs provide direct services for individuals with disabilities, as well as training, consultation and educational services for parents, educators and professionals.
- Employment related services include: supported employment services (including long-term support), as well as career planning and job development services.
- Application:** Individuals may be referred to CCP for services via the Colorado Division of Vocational Rehabilitation, the Colorado Division for Developmental Disabilities (Foothills Gateway, Inc.), the Colorado Workforce Center, private insurance, grants and school systems, as well as through self-referral/self-pay. Check out the website or call to find out more about specific programs and current grant funded program opportunities.

EMPLOYMENT

Additional Youth Related Employment Programs

HomeRun/HomeBase Program

City of Fort Collins Neighborhood Resources Office and Streets Department

281 N. College Avenue, Fort Collins (970) 221-6676

The HomeRun/HomeBase program is designed to help find jobs for students who have dropped out of school. The program offers paid employment as an incentive to the individual to earn a GED, however, the student must agree to complete their GED requirements. To apply for the program, students must be considered drop-outs (out of the school system for six months), a Fort Collins resident, willing to obtain their GED, and able to spend a minimum of two hours per week with their tutor.

Boys and Girls Club

1608 Lancer St., Fort Collins (970) 484-5198

The Junior Staff Program allows older teens the chance to learn resume, interview and job skills while they work part time for the club. Call for information.

The Family Center/La Familia

400B N. College, Fort Collins (970) 221-1615

Summer employment "Teen Works" program is a six-week program that allows teens to work in various jobs at the Family Center and in the community. The program offers life skills training classes as a part of the curriculum. This experience is a great first-time job for teens, however, space is limited.

Youth Employment Program

City of Fort Collins Parks and Recreation and Youth Activity Center

415 E. Monroe, Fort Collins (970) 416-2990

Each summer, this youth employment program hires teens to work on Junior Parks Crews, or as workers at The Farm, Northside Atzlan Community Center, The Youth Activity Center, and summer camp programs. Applications are usually due by early April and space is limited. Contact the Youth Activity Center or Dave for more information.

Youth Job Corps - 1-800-438-8287

Summer and year-round job opportunities around the nation. Youth Job Corps also has programs where students can stay on campuses for school-to-career training, career training, and college planning. For students 16 years and over. Call for a brochure with more information.

MEDICAL INSURANCE

Social Security Insurance (SSI)

1-800-772-1213 Mon-Fri 5am-10 pm and Sat 6am-3pm

- Local:** Social Security Administration
301 S Howes Street
Fort Collins, CO 80524
(970) 482-7354
- Website:** www.socialsecurity.gov
- Purpose:** SSI is a cash assistance program to assist with paying for basic needs such as food, clothing and shelter for individuals with disabilities. SSI pays only for total disability. No benefits are payable for partial disability or short term disability. In Colorado a qualified disabled person can receive up to \$674.00 per month.
- Eligibility:** In order for an individual to be considered disabled by the Social Security Administration (SSA) the individual must have impairment which results in the inability to engage in substantial gainful activity and can be expected to result in death or has lasted/can last for a continuous period of not less than 12 months. A person might also be considered disabled based on blindness. In addition to eligibility based on disability there are income limits that are factored into eligibility.
- Services:** SSI provides income assistance. Individuals determined to be eligible for SSI are also then eligible for Medicaid.
- Application:** Complete an application for SSI disability benefits by calling the toll free number (1-800-772-1213) between 7 a.m. and 7 p.m. Monday through Friday and making an appointment. You may choose to apply for benefits either by phone or in person at the local Social Security office listed above. SSI can be applied for at any time. If the individual has SSI as a child the individual will be re-evaluated when he/she turns 18. If denied as a child or not yet on SSI, apply 3-4 months before the child's 18th birthday (the evaluation process takes 3-4 months and occasionally legal assistance is needed).

DISABILITIES PROGRAMS

Colorado Division for Developmental Disabilities (DDD)

- Address:** Colorado Department of Human Services
Division for Developmental Disabilities
4055 S. Lowell Blvd., Denver, CO 80236
(303) 866-7450
- Website:** www.cdhs.state.co.us/ddd
- Purpose:** The mission for Colorado's Division for Developmental Disabilities is to join with others to offer the necessary supports with which all people with developmental disabilities have their rightful chance to: be included in Colorado community life, make increasingly responsible choices, exert greater control over their life circumstances, establish and maintain relationships and a sense of belonging, develop and exercise their competencies and talents and experience personal security and self-respect.
- Eligibility:** Persons with a developmental disability are those who have a “disability that is manifested before the person reaches twenty-two years of age, which constitutes a substantial disability to the affected individual, and is attributable to mental retardation or related conditions which include cerebral palsy, epilepsy, autism, or other neurological conditions when such conditions result in impairment of general intellectual functioning or adaptive behavior similar to that of a person with mental retardation” (CRS 27-10.5-102). For children under five years of age, eligibility is based on determination of either a developmental delay or factors putting the child at risk of having a developmental disability.
- Services:** DDD provides leadership for the direction, funding, and operation of services to persons with developmental disabilities within Colorado.
- Application:** In Colorado, a person must be determined eligible by a Community Centered Board (CCB) in order to receive services in the DDD system, contact Foothills Gateway to apply for various services offered by the DDD system and to be assessed for eligibility.

DISABILITIES PROGRAMS

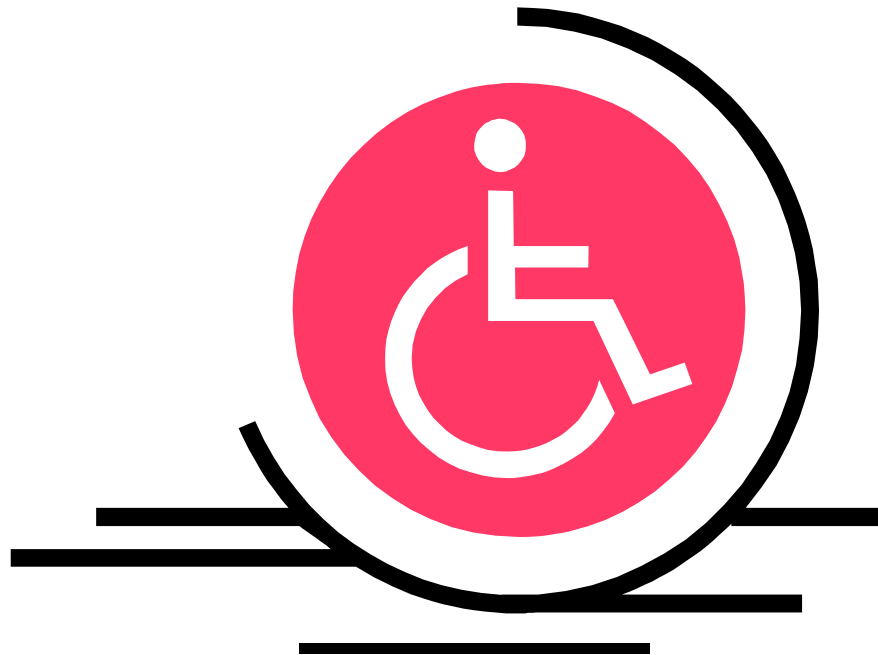
Disability Resource Services

Address: Disabled Resource Services
Center for Independent Living
424 Pine St. Suite 101 Fort Collins, CO 80524
(970) 482-2700

Website: www.fortnet.org/drs

Purpose: The purpose of Disabled Resource Services is to provide support, assistance, and resources to individuals of all ages suffering from a disability. Run mostly by disabled individuals, they understand the unique challenges of a disabled person and strive to help individuals achieve the most independence possible.

Eligibility: Disabled Resource Services is an organization with resources available to all disabled people regardless of age or disability.



DISABILITIES PROGRAMS

Community Centered Boards (CCB): Foothills Gateway Inc.

Local: Foothills Gateway Inc.
301 West Skyway Drive
Fort Collins, CO 80525
(970) 226-2345

Website: www.cdhs.state.co.us/ddd/CCB_Main.htm
www.foothillsgateway.org

Purpose: Community Centered Boards (CCBs) are private non-profit organizations designated to deliver services to individuals with developmental disabilities.

Foothills Gateway, Inc. is a CCB that exists to empower and support citizens with cognitive disabilities, their families, and other populations, as appropriate, to achieve their maximum potential and independence.

Eligibility: Persons with a developmental disability are those who have a “disability that is manifested before the person reaches twenty-two years of age, which constitutes a substantial disability to the affected individual, and is attributable to mental retardation or related conditions which include cerebral palsy, epilepsy, autism, or other neurological conditions when such conditions result in impairment of general intellectual functioning or adaptive behavior similar to that of a person with mental retardation” (CRS 27-10.5-102). For children under five years of age, eligibility is based on determination of either a developmental delay or factors putting the child at risk of having a developmental disability.

Different programs have different eligibility requirements, call to inquire about specific program eligibility guidelines.

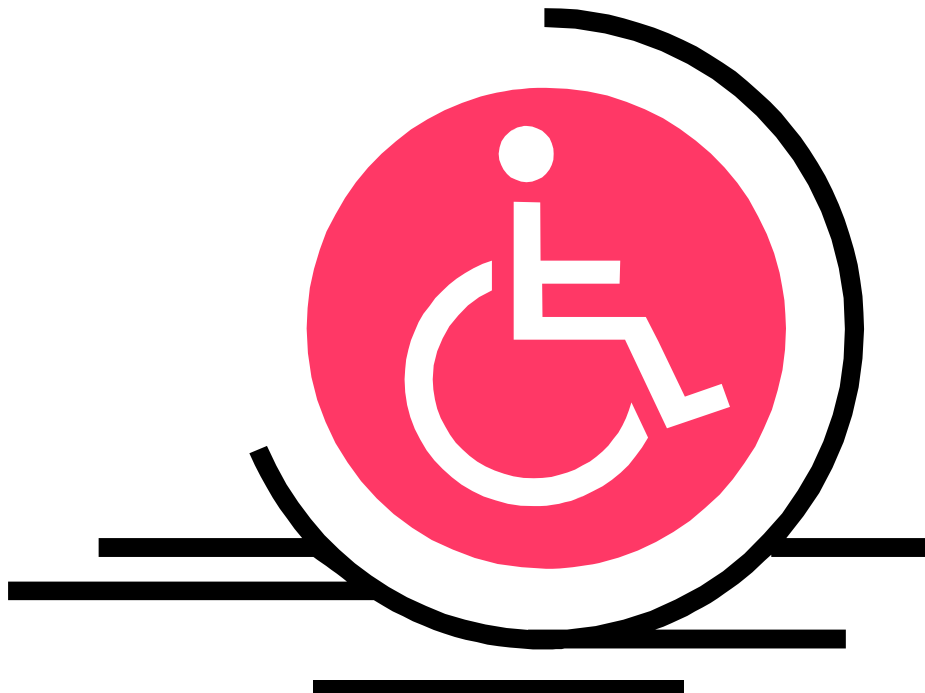
Services: CCBs are responsible for intake, eligibility determination, service plan development, arrangement of services, delivery of services (either directly and/or through purchase), monitoring, and many other functions. Programs managed and offered through CCBs include adult programs for individuals 18 years and older, some are primarily support whereas others are more comprehensive. Services are also available to children and their families.

Services include: Resource Coordination/Case Management, Early Childhood Connections, Family Support Services Program (FSSP), Supported Living Services (SLS), Residential Services & HUD

Program Administration, Supported Employment Services, Work Services, Community Participation Services, Special Habilitation Services, Transportation and Adult Care Services.

Visit the Foothills Gateway website for an explanation of each service or call and speak with an intake case manager.

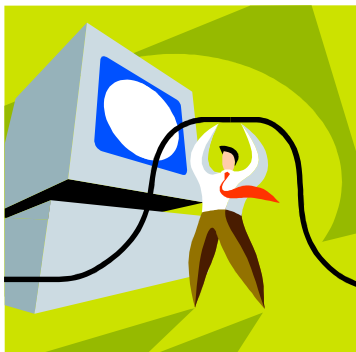
Application: Various services have extensive waitlists. It is best to call and request an assessment as early as possible. If an individual starts services prior to the age of 18 make sure they are assessed and placed on a waitlist for adult programs. It is suggested that youth get on a waitlist for adult services by the age of 14.



ADVOCACY/ CASE MANAGEMENT

The Matthews House

- Local:** The Matthews House
726 Mathews Street
Fort Collins, CO 80524
(970) 472-4293
- Website:** www.themattewshouse.org
- Purpose:** The Matthews House exists to serve at-risk youth ages 16-21 that lack significant family support in their lives. Many of these youth have not had the influence of a stable caring adult and they frequently do not have the skills necessary for living independently, retaining a job, solving problems, managing money and building solid relationships.
- Eligibility:** Services are designed for youth ages 16-21 who are experiencing transition into adulthood and separation from caregivers. Services and resource availability fluctuates; interested individuals should call to inquire about service availability. Services are often contracted with Larimer County Department of Youth Corrections and Larimer County Department of Human Services.
- Services:** The Matthews House provides case management, activities, trainings and resources to assist with five core areas (safe and affordable housing, physical & mental health, employment, education, and interpersonal & social skills). Matthews House also coordinates adult mentors with participants.
- Application:** Individuals can call to self-refer or walk in during business hours. Case managers and other involved individuals can also refer a youth.



HOUSING

Fort Collins Housing Authority

Local: 1715 W. Mountain Ave.
Fort Collins, CO 80521
(970) 416-2910

Website: www.fchousing.org

Purpose: To provide affordable housing options to low-income residents of Fort Collins.

Eligibility: Different housing programs and arrangements have different eligibility requirements. Call to inquire about specific eligibility criteria.

Services: Low income public housing rentals, Section 8 voucher subsidies and transitional housing.

Application: There tends to be a long waitlist, apply early to get on the waitlist. Upon coming up on the waitlist an initial interview and eligibility determination will be made prior to receiving services. Call to make an application appointment. Applications and appointments are available Monday thru Friday 8 a.m. – 4:30 p.m.



HOUSING

Neighbor to Neighbor

- Local:** Renter Program
Neighbor to Neighbor at the Murphy Center
242 Conifer Street
Fort Collins, CO 80524
(970) 494-9704
(970) 663-4163loveland
- Home Ownership Program and Affordable Housing Program
1550 Blue Spruce Drive
Fort Collins, CO 80524
970-484-7498
- Website:** www.n2n.org
- Purpose:** Neighbor to Neighbor helps people establish and maintain housing stability. They help homeless people find homes; counsel renters and home owners in unaffordable housing situations; provide 149 affordable apartments; and educate people looking to purchase a home.
- Eligibility:** There are various income eligibility requirements. Services are designed for low income individuals and families. Contact a Neighbor to Neighbor staff member to determine the appropriate program for the individual's need.
- Services:** Neighbor to has a rental program (rental counseling, emergency rent assistance and first month's rent assistance), an affordable housing program (Section 8 and affordable apartments) and a home buyer program (home buyer education, home ownership counseling and foreclosure counseling). All housing counseling is free and confidential.
- Application:** There is the potential for housing waitlists; apply early to get on a waitlist. Call to complete an intake application, find out about program eligibility and sign up for classes.

HOTLINES AND RESOURCES

Various Resources

United Way 2-1-1

United Way 2-1-1 keeps an accurate and comprehensive database where you can find health and human services information and resources to meet your needs. Their database allows you to browse thousands of health and human services online, learn about specific programs, intake requirements, eligibility, operation hours and more. You can also call to talk with a trained specialist who can help direct you to services in your community that may be able to assist you.

Just dial 2-1-1 or (970) 407-7066
8am-8pm Monday – Friday and 9am-5pm Saturday
www.uwaylc.org

Larimer County Human Services

Child Protection Services 24-Hour child abuse reporting (970) 498-6900

The Hub (970) 498-6990

The Hub serves as a single entry point for youth, families and the community to provide assessment, intervention and access to services. The Hub is staffed 24 hours a day, 7 days a week. The Hub services children ages 0-18 and their families. Services include child protection screening, detention screening and delinquency interventions, mediation for parents and youth in conflict and much more.

Adult Protection Services 24-Hour abuse reporting (970) 498-7770

Food, Medical & Financial Assistance- Intake and eligibility (970)498-6300

Includes Low Income Emergency Assistance Program (LEAP), Food Stamps and Temporary Assistance to Needy Families (TANF)

www.co.larimer.co.us/humanservices

HOTLINES AND RESOURCES

Suicide Hotlines

Suicide Resource Center of Larimer County

The Suicide Resource Center is not a Crisis Hotline- If you or someone you know is in crisis, please:

- Call the toll-free hotline 1-800-273-TALK (8255)
 - Call Emergency Services (911), or
 - Go to your nearest hospital emergency room
- www.suicideresourcecenter.org

24-hr National Hotline 1-800-SUICIDE (1-800-784-2433)
www.hopeline.com

Sexual Assault and Domestic Violence

SAVA- Sexual Assault Victim Advocate (970) 472-4204

24 Hour Rape Crisis Hotline (970) 472-4200 or 1-800-656-HOPE

SAVA provides support and assistance to sexual assault victims, their families, and friends; information and referrals concerning the law enforcement, medical, and legal processes; support groups and individual counseling for sexual assault survivors and their loved ones; several community education programs on sexual assault awareness; and special events to promote a creative means of healing.

www.savacenter.org

ATV- Alternatives to Violence (970) 669-5150
After hours 970-667-2151(Loveland Police)

Alternatives to Violence (ATV) is committed to intervention in, education about, and prevention of domestic violence, sexual assault and other violent crimes.

www.alternativestoviolence.org

Crossroads Safe house (970) 482-3502, 1-888-541-7233 free hotline

Crossroads offers free safe housing, advocacy, legal assistance, and transitional housing for victims of domestic violence.
528 S. College 80521 www.crossroadssafehouse.org

HOTLINES AND RESOURCES

Health Services

Poudre Valley Hospital Health Line 1-800-943-9066

This line is answered by an experienced registered nurse who can answer health questions after business hours for people who do not have regular physicians. 24 hrs/day, 365 days per year.

Drug and Alcohol Treatment

Drug and Alcohol Treatment Hotline 1-866-845-8975

Hotline that provides information about local drug rehab and alcohol treatment programs.

Larimer Center for Substance Abuse (970) 493- 1157, Larimercenter.org

Larimer Center for Substance Abuse offers detoxification, residential, and outpatient services to adults, adolescents, and men or women primarily in Weld and Larimer Counties. The detoxification facility is in Greeley.

Detox Center

970-347-2120
Northrange.org

Miscellaneous

National Runaway Switchboard 1-800-RUNAWAY

24-hour crisis line that has experienced workers who work with youth and their families to help keep runaway and at-risk youth safe and off the streets. It's anonymous, confidential and free. It also provides services for youth who have run away enabling them to return home.

www.1800runaway.org



